

# Agenda

## My Digital Menu for the Next Academic Year: Keep it Balanced and Well Chosen



July 10, 2024 | 12:00-13:00 CET

**12:00 Introduction to Knowledge building event, the moderator and the speakers.** Airina Volungevičienė, EDEN Digital Learning Europe


**12:05 Presentations and Panel Discussions.**  
Moderator Ana Balula, University of Aveiro

**1. Ice-breaker activity with the participants. "My favourite ingredient"** Sandra Vasconcelos, School of Hospitality and Tourism (ESHT), Polytechnic of Porto

**2. A short interactive presentation on the factors affecting digital well-being.** Ana Balula, University of Aveiro

**3. Discussing a compass for choosing the digital technology for education.** Ana Rita Costa, University of Aveiro

**4. My digital menu for the next academic year: Interactive activity** Sandra Vasconcelos, School of Hospitality and Tourism (ESHT), Polytechnic of Porto



**12:50 Summary, feedback and announcements.**  
Airina Volungevičienė, EDEN Digital Learning Europe



# My Digital Menu for the Next Academic Year: to Keep it Balanced and Well Chosen

**July 10, 2024** | 12:00-13:00 CET

A Knowledge Building Activity of the European Digital Education Hub

**Context:** The aim of the event is to reflect on the knowledge developed and the lessons learnt in the field of digital education during the academic year and to put down the take-aways for the next academic year to ensure that digital technologies are applied in education in a balanced way, and that they are well chosen.



The event will take place in the **Knowledge Building** channel on the MS Teams platform of the ~~European Digital Education Hub~~.

**[To register for the Hub click here](#)**




# My Digital Menu for the Next Academic Year: to Keep it Balanced and Well Chosen



**Moderator**  
Ana Balula

University of Aveiro, Portugal

**Ana Balula**, Associate Professor with habilitation in Education at the University of Aveiro (Águeda School of Technology and Management), Portugal. She holds a Master and a PhD in Multimedia in Education and is a member of the Support Team for Curricular and Pedagogical Innovation of the University of Aveiro. She is also an integrated member of the Research Centre “Didactics and Technology in Education of Trainers” and of the Laboratory of Digital Contents of the Department of Education and Psychology. She has also been a member of scientific committees of international congresses and journals and has participated as a researcher in several scientific projects in her main research areas, namely: the use of digital technology in education, e-assessment/evaluation, hybrid learning, b-learning, Collaborative Online International Learning, English for Specific Purposes, foreign language learning.



**Sandra Vasconcelos**, Associate Professor (Polytechnic) at the School of Hospitality and Tourism (ESHT), Polytechnic of Porto, Portugal. She holds a Master and a PhD in Multimedia in Education and is an integrated member of the Research Centre “Didactics and Technology in Education of Trainers” and UNIAG – Applied Management Research Unit. In addition to teaching English for Specific Purposes, she is a member of the e-Learning and Pedagogical Innovation Unit of the Polytechnic of Porto and an Advisor for Distance Education at ESHT, having an active role in the development and implementation of teacher training workshops that promote innovative methodologies and pedagogies. She has been involved in research projects within the scope of tourism education, e-learning, b-learning, English for Specific Purposes, informal learning, interdisciplinary practices and the use of digital technology in education and is currently part of ATLAS’ (Association for Tourism and Leisure Education Research) SIG on Tourism Education.



**Speaker**  
Sandra Vasconcelos


School of Hospitality and  
Tourism (ESHT), Polytechnic of  
Porto, Portugal



**Speaker**  
Ana Rita Costa

University of Aveiro, Portugal

**Ana Rita Costa**, Invited Assistant Professor at the University of Aveiro (Águeda Professional School of Technology and Management and the Department of Education). She is also a collaborating member of the Research Centre on Didactics and Technology in the Education of Trainers (CIDTFF) and at LabELing – Languages Education Laboratory of the University of Aveiro, Portugal. She has a PhD in Education: Didactics and Curriculum Development and a degree in Teaching Foreign Languages (English and German). Her main research interests are plurilingualism, curriculum development, language and cultural awareness and teacher education, English for Specific Purposes and AI in Education.



The [European Digital Education Hub](#) is an initiative of the European Commission, funded by the Erasmus+ programme (2021-2027) and operated by a consortium of 13 organisations led by DAAD, under a service contract with the European Education and Culture Executive Agency (EACEA).